

**CALORIE CONTROL  
BRAND** ®

**BERNARD FOOD INDUSTRIES, INC.**  
EVANSTON, IL • TOLL FREE: 1-800-323-3663

**LOW SODIUM**

**SUGAR FREE**

**BLUEBERRY**  
FLAVOR  
**GELATIN DESSERT MIX**  
REORDER 506310

Made with 300 Bloom Gelatin - the highest quality gelatin available to the food industry. This high bloom of gelatin not only retains its firm gel for hours on end, but is the perfect sugar-free, low-sodium gelatin for preparing fruit molds using either water-packed canned fruits or the new carbohydrate-controlled canned fruits.

There is no salt in our Calorie Control® Gelatin desserts. This permits their use in low-sodium diets as well as sugar-free diets.

THIRTEEN delicious flavors to choose from. You can't tell the difference between our Calorie Control® Gelatin Desserts and desserts made with sugar.

Only 5 calories per serving. For Sugar Restricted Diets: Not limited. May be used freely.

Gluten Free

YIELD PER CASE: 576 – ½ Cup servings

PACK SIZE: 18 @ 2.75 oz. pouches

## Nutrition Facts

Serving Size 1/2 cup prepared (2.4g mix)

Servings Per Container 32

Amount Per Serving

Calories 5                      Calories from Fat 0

	% Daily Value *
<b>Total Fat 0 g</b>	<b>0%</b>
Saturated Fat 0 g	0%
Trans Fat 0 g	
<b>Cholesterol 0 mg</b>	<b>0%</b>
<b>Sodium 0 mg</b>	<b>0%</b>
<b>Potassium 90 mg</b>	<b>3%</b>
<b>Total Carbohydrate 0 g</b>	<b>0%</b>
Fiber 0 g	0%
Sugars 0 g	
<b>Protein 1 g</b>	<b>3%</b>
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

\* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

		Calories:	2,000	2,500
Total Fat	Less than		65 g	80 g
Saturated Fat	Less than		20 g	25 g
Cholesterol	Less than		300 mg	300 mg
Sodium	Less than		2400 mg	2400 mg
Total Carbohydrate			300 g	375 g
Fiber			25 g	30 g

**Ingredients:** 300 BLOOM GELATIN, ADIPIC ACID, POTASSIUM CITRATE, ACESULFAME POTASSIUM, SUCRALOSE, NATURAL AND/OR ARTIFICIAL FLAVOR, ARTIFICIAL COLOR (MAY CONTAIN YELLOW #5, YELLOW #6, RED #40, BLUE #1).

CALORIE CONTROL® is a trademark of Bernard Food Industries, Inc.,  
Evanston, IL 60204-1497                      1-800-323-3663