CALORIE CONTROL BRAND ®

BERNARD FOOD INDUSTRIES, INC.
EVANSTON, IL • TOLL FREE: 1-800-323-3663

LOW-FAT
REDUCED CALORIES

SUGAR FREE
LOW SODIUM

MOCHA CAPPUCCINO MOUSSE MIX

REORDER 523083

A mousse with sugar and cream can run from 185 to 350 calories per serving. With **Calorie Control® Mousse Dessert Mixes**, we've cut the calories all the way down to only 80 or less per serving.

The **Chocolate, Lemon**, and **Key Lime Mousse flavors** are made with **Natural** flavors - Dutch Cocoa in the **Chocolate**, Pure Lemon Flavor in the **Lemon** and Pure Lime Flavor in the **Key Lime** they are all unbelievably delicious!

Bernard Food Industries continues to lead the way in developing new reduced calorie products, not only for the health care field, but also for commercial foodservice establishments catering more and more to America's love affair with **Lite** desserts.

So easy to prepare - and a dessert the likes of which has never before been offered to the American Foodservice Industry.

Gluten Free

YIELD PER CASE: 192 – ½ cup servings

PACK SIZE: 6 @ 12 oz. bags

Nutrition Facts

Serving Size 11g mix (1/2 cup prepared)
Servings Per Container 32

Amount Per Serving	Mix	Prepared
Calories	50	70
Calories From Fat	30	30
	% Daily Value **	
Total Fat 3g*	5%	5%
Saturated Fat 3g	14%	14%
Trans Fat 0g		
Cholesterol 0mg	0%	1%
Sodium 40mg	2%	2%
Potassium 70mg	2%	4%
Total Carbohydrate 6g	2%	3%
Fiber <1g	2%	2%
Sugars 0g		
Protein <1g	2%	4%
Vitamin A	0%	0%
Vitamin C	0%	0%
Calcium	0%	6%
Iron	4%	4%

* Amount in mix.
** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: WHIPPING BASE (HYDROGENATED PALM KERNAL OIL, MALTODEXTRIN, MONO AND DIGLYCERIDES, LACTIC AND FATTY ACIDS OF GLYCEROL, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE), MALTODEXTRIN, COCOA (PROCESSED WITH ALKALI), COLOMBIAN FREEZE DRIED COFFEE, MODIFIED CORN STARCH, TETRASODIUM PYROPHOSPHATE, CARRAGEENAN, XANTHAN GUM, ARTIFICIAL FLAVOR, ACESULFAME POTASSIUM, SUCRALOSE.

Contains MILK

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Evanston, IL 60204-1497 1-800-323-3663