

**CALORIE CONTROL  
BRAND** ®

**BERNARD FOOD INDUSTRIES, INC.**  
EVANSTON, IL • TOLL FREE: 1-800-323-3663

LOW FAT

REDUCED CALORIE

NO SALT ADDED

**BANANA  
PUDDING DESSERT MIX**

REORDER 520023

Our puddings are not only reduced calorie, but since no salt is added, they can be used for sodium-controlled diets.

Many other diet puddings on the market require the addition of milk. This raises the calorie count 30% to 40% higher than the calorie count of **Calorie Control® Puddings**. **Calorie Control® Puddings** require only the addition of water.

With our **Calorie Control® Whipped Topping** to the line, here is an opportunity to serve an especially eye-appealing dessert - a delicious low-fat, reduced calorie pudding topped with a sugar-free but sugar-sweet whipped topping. - a *delicious combination*.

**Calorie Control® Puddings** topped with **Calorie Control® Whipped Topping** are not only attractive to the eye and delightful to the taste for patients in health care and retirement establishments, but provide the perfect dessert for use in restaurants, hotels, employee feeding, etc., where more people are counting calories everyday.

**Gluten Free**

YIELD PER CASE: 312 - ½ cup servings

PACK SIZE: 12 @ 16 oz.

**Nutrition Facts**

Serving Size 1/2 cup prepared (17g mix)

Servings Per Container 26

Amount Per Serving

**Calories 70**      Calories from Fat 20

% Daily Value \*

**Total Fat 2 g**      **3%**

Saturated Fat 1 g      5%

Trans Fat 0 g

**Cholesterol < 5 mg**      **1%**

**Sodium 170 mg**      **7%**

**Potassium 160 mg**      **5%**

**Total Carbohydrate 10 g**      **3%**

Fiber 0 g      1%

Sugars 5 g

**Protein 3 g**      **7%**

Vitamin A      0%

Vitamin C      0%

Calcium      15%

Iron      0%

\* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

		Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g	
Saturated Fat	Less than	20 g	25 g	
Cholesterol	Less than	300 mg	300 mg	
Sodium	Less than	2400 mg	2400 mg	
Total Carbohydrate		300 g	375 g	
Fiber		25 g	30 g	

**Ingredients:** WHEY PROTIEN CONCENTRATE, MODIFIED CORN STARCH, SHORTENING POWDER (PALM OIL, LACTOSE, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, SODIUM SILICOALUMINATE), SODIUM ALGINATE, CALCIUM SULFATE, TETRASODIUM PYROPHOSPHATE, SUNFLOWER OIL, EMULSIFIER (MONO AND DIGLYCERIDES, NONFAT MILK SOLIDS, MODIFIED CORN STARCH), NATURAL FLAVOR, TITANIUM DIOXIDE (COLOR), ACESUFAME POTASSIUM, SUCRALOSE, YELLOW #5 AND #6.

Contains MILK

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Evanston, IL 60204-1497      1-800-323-3663