CALORIE CONTROL
BRAND ®

BERNARD FOOD INDUSTRIES, INC.
EVANSTON, IL • TOLL FREE: 1-800-323-3663

LOW FAT **REDUCED CALORIE** **NO SALT ADDED**

CHOCOLATE
PUDDING DESSERT MIX

REORDER 520061

Our puddings are not only reduced calorie, but since no salt is added, they can be used for sodium-controlled diets.

Many other diet puddings on the market require the addition of milk. This raises the calorie count 30% to 40% higher than the calorie count of **Calorie Control® Puddings**. **Calorie Control® Puddings** require only the addition of water.

With our **Calorie Control® Whipped Topping** to the line, here is an opportunity to serve an especially eye-appealing dessert - a delicious low-fat, reduced calorie pudding topped with a sugar-free but sugar-sweet whipped topping. - *a delicious combination.*

Calorie Control® Puddings topped with **Calorie Control® Whipped Topping** are not only attractive to the eye and delightful to the taste for patients in health care and retirement establishments, but provide the perfect dessert for use in restaurants, hotels, employee feeding, etc., where more people are counting calories everyday.

Gluten Free

YIELD PER CASE: 156 - ½ cup servings

PACK SIZE: 12 @ 8 oz.

Nutrition Facts

Serving Size 1/2 cup prepared (17g mix)
Servings Per Container 13

Amount Per Serving

Calories 70	Calories from Fat 20
	% Daily Value *
Total Fat 2 g	**3%**
Saturated Fat 1 g	4%
Trans Fat 0 g	
Cholesterol 0 mg	**1%**
Sodium 150 mg	**6%**
Potassium 200 mg	**6%**
Total Carbohydrate 10 g	**3%**
Fiber 1 g	5%
Sugar 4 g	
Protein 3 g	**6%**
Vitamin A	0%
Vitamin C	0%
Calcium	25%
Iron	6%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Fiber		25 g	30 g

Ingredients: WHEY PROTIEN CONCENTRATE, MODIFIED CORN STARCH, COCOA (PROCESSED WITH ALKALI), SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES, SODIUM SILICOALUMINATE), CALCIUM SULFATE, SODIUM ALGINATE, TETRASODIUM PYROPHOSPHATE, EMULSIFIER (MONO AND DIGLYCERIDES, NONFAT MILK SOLIDS, MODIFIED CORN STARCH), TITANIUM DIOXIDE (COLOR), NATURAL AND/OR ARTIFICIAL FLAVOR, ACESUFAME POTASSIUM, SUCRALOSE.

Contains MILK

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Evanston, IL 60204-1497 1-800-323-3663