

**CALORIE CONTROL
BRAND** ®

BERNARD FOOD INDUSTRIES, INC.
EVANSTON, IL • TOLL FREE: 1-800-323-3663

LOW FAT REDUCED CALORIE SUGAR FREE
CHOLESTEROL FREE LOW SODIUM

**CHOCOLATE
WHIPPED FROSTING MIX**

REORDER 552001

Bernard **Calorie Control® Whipped Frosting Mix** requires only the addition of water and whips up to a light, almost fluffy, frosting that spreads easily on cakes and brownies. Since Bernard **Calorie Control® Whipped Frosting** is available in four flavors, there is one to top any one of the many flavors of Bernard Diet Cake you choose to serve.

One 12 ounce bag of **Calorie Control® Whipped Frosting Mix** will top one 18" x 26" sheet pan or eight 8-inch round cake layers.

Diabetic Exchange: A one tablespoon serving is 20 calories and will be a free exchange.

Gluten Free

YIELD PER CASE: 240 - 2 tbsp servings

PACK SIZE: 6 @ 12 oz.

Nutrition Facts

Serving Size 2 TBSP prepared (8.5g mix)
Servings Per Container About 40

Amount Per Serving

Calories 40 Calories from Fat 20

% Daily Value *

Total Fat 2 g **3%**
Saturated Fat 2 g 10%
Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 5 mg **0%**

Potassium 110 mg **3%**

Total Carbohydrate 5 g **2%**

Fiber < 1 g 3%

Sugars 0 g

Protein < 1 g **1%**

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 4%

* Percent Daily Values are based on a 2000 calorie diet.
Your values may be higher or lower depending on your needs:

		Calories:	2,000	2,500
Total Fat	Less than		65 g	80 g
Saturated Fat	Less than		20 g	25 g
Cholesterol	Less than		300 mg	300 mg
Sodium	Less than		2400 mg	2400 mg
Total Carbohydrate			300 g	375 g
Fiber			25 g	30 g

Ingredients: WHIPPING BASE (HYDROGENATED PALM KERNAL OIL, MALTODEXTRIN, MONO AND DIGLYCERIDES, LACTIC AND FATTY ACIDS OF GLYCEROL, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE), MALTODEXTRIN, COCOA (PROCESSED WITH ALKALI), NATURAL FLAVOR, ARTIFICIAL FLAVOR, SUCRALOSE, ACESULFAME POTASSIUM.

Contains MILK