

**CALORIE CONTROL
BRAND** ®

BERNARD FOOD INDUSTRIES, INC.
EVANSTON, IL • TOLL FREE: 1-800-323-3663

LOW FAT REDUCED CALORIE SUGAR FREE
CHOLESTEROL FREE LOW SODIUM

**CREAM CHEESE
WHIPPED FROSTING MIX**

REORDER 552021

Bernard **Calorie Control® Whipped Frosting Mix** requires only the addition of water and whips up to a light, almost fluffy, frosting that spreads easily on cakes and brownies. Since Bernard **Calorie Control® Whipped Frosting** is available in four flavors, there is one to top any one of the many flavors of Bernard Diet Cake you choose to serve.

One 12 ounce bag of **Calorie Control® Whipped Frosting Mix** will top one 18" x 26" sheet pan or eight 8-inch round cake layers.

Diabetic Exchange: A one tablespoon serving is 20 calories and will be a free exchange.

Gluten Free

YIELD PER CASE: 240 - 2 tbsp servings

PACK SIZE: 6 @ 12 oz.

Nutrition Facts

Serving Size 2 TBSP prepared (8.5g mix)
Servings Per Container About 40

Amount Per Serving	
Calories 45	Calories from Fat 20
% Daily Value *	
Total Fat 2 g	3%
Saturated Fat 2 g	10%
Trans Fat 0 g	
Cholesterol 0 mg	1%
Sodium 10 mg	0%
Potassium 0 mg	0%
Total Carbohydrate 5 g	2%
Fiber 0 g	0%
Sugars 0 g	
Protein 0 g	1%
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Fiber		25 g	30 g

Ingredients: MALTODEXTRIN, WHIPPING BASE (HYDROGENATED PALM KERNAL OIL, MALTODEXTRIN, MONO AND DIGLYCERIDES, LACTIC AND FATTY ACIDS OF GLYCEROL, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE), CREAM CHEESE BLEND (BAKERS CHEESE [NONFAT MILK SOLIDS, LACTIC ACID, CULTURE], CREAM CHEESE SOLIDS, DISODIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVOR, ACESULFAME POTASSIUM, SUCRALOSE.

Contains MILK