

**CALORIE CONTROL  
BRAND** ®

**BERNARD FOOD INDUSTRIES, INC.**  
EVANSTON, IL • TOLL FREE: 1-800-323-3663

**LOW FAT**

**REDUCED CALORIE**

**SUGAR FREE**

**CHOLESTEROL FREE**

**LOW SODIUM**

# **WHITE WHIPPED FROSTING MIX**

REORDER 552041

Bernard **Calorie Control**® Whipped Frosting Mix requires only the addition of water and whips up to a light, almost fluffy, frosting that spreads easily on cakes and brownies. Since Bernard **Calorie Control**® Whipped Frosting is available in four flavors, there is one to top any one of the many flavors of Bernard Diet Cake you choose to serve.

One 12 ounce bag of **Calorie Control**® Whipped Frosting Mix will top one 18" x 26" sheet pan or eight 8-inch round cake layers.

**Diabetic Exchange:** A one tablespoon serving is 20 calories and will be a free exchange.

**Gluten Free**

YIELD PER CASE: 240 - 2 tbsp servings

PACK SIZE: 6 @ 12 oz.

## **Nutrition Facts**

Serving Size 2 TBSP prepared (8.5g mix)  
Servings Per Container About 40

Amount Per Serving

**Calories 40**      Calories from Fat 15

% Daily Value \*

**Total Fat 2 g**      **3%**

Saturated Fat 2 g      9%

Trans Fat 0 g

**Cholesterol 0 mg**      **0%**

**Sodium 5 mg**      **0%**

**Potassium 0 mg**      **0%**

**Total Carbohydrate 6 g**      **2%**

Fiber 0 g      0%

Sugars 0 g

**Protein 0 g**      **1%**

Vitamin A      0%

Vitamin C      0%

Calcium      0%

Iron      0%

\* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

		Calories: 2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Fiber		25 g	30 g

**Ingredients:** MALTODEXTRIN, WHIPPING BASE (HYDROGENATED PALM KERNAL OIL, MALTODEXTRIN, MONO AND DIGLYCERIDES, LACTIC AND FATTY ACIDS OF GLYCEROL, SODIUM CASEINATE, DIPHOSPHATE), NATURAL FLAVOR, ACESULFAME POTASSIUM, ARTIFICIAL FLAVOR, SUCRALOSE.

Contains MILK