



BERNARD
FOOD INDUSTRIES, INC.®

REORDER 207107

MINI RAVIOLI – 175 COUNT

A Mini Bite-Size Ravioli packed in Tomato and Meat Sauce. Mini Ravioli can be heated and served just as it is or prepared according to one of our Ravioli Bake serving suggestions. A great accompaniment to our Ravioli recipes, is garlic bread. Spray **Garlic Buttermist** (#211031) on toasted bread for a complete entrée.

Ingredients:

- 4 #10 cans "Bite Size" Mini Beef Ravioli in Tomato & Meat Sauce
- 8 lbs. of raw Ground Beef* or 6 lbs. of precooked (precooked meat must be rinsed before use)
- 5 lbs. of Shredded Cheese*

*May be government donated.

Directions for Preparation:

1. Brown the ground beef and drain off excess fat. (Precooked, rinse and drain)
2. Use four (4) 12" x 20" x 2" pans. Place one-half of a #10 can of Mini-Ravioli in the bottom of each of the four pans.
3. Divide the ground beef into 4 equal parts. Spread one part over the Mini-Ravioli in each pan.
4. Spread 10 oz. shredded cheese over the ground beef in each pan.
5. Place an additional one-half of a #10 can of Mini-Ravioli on top of the cheese in each of the 4 pans.
6. Top each of the pans with an additional 10 oz. of shredded cheese.
7. Bake at 375°F for approximately thirty minutes or until cheese is melted and the Beef Ravioli is bubbling.

Recipe Variations:

Mexican Ravioli Bake – add 1 + 2/3 cup (7 oz. by weight) of Bernard South of the Border or Thrifty Taco Seasoning Mix. Stir Taco Seasoning into Ground Beef.

Pizza Ravioli Casserole – substitute 1 + 2/3 cup (7 oz. by weight) Bernard Pizza Sauce Mix or ¾ cup (3 oz. by weight) Bernard Pizza Spice Blend in place of Bernard Taco Seasoning. Use Shredded Mozzarella Cheese.

Nutrition Facts

Serving Size 1 cup (255g)
Servings Per Container About 12

Amount Per Serving	
Calories 220 Calories from Fat 60	
	% Daily Value*
Total Fat 7g	11%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 750mg	31%
Potassium 840mg	24%
Total Carbohydrate 33g	11%
Dietary Fiber 4g	16%
Sugars 6g	
Protein 7g	8%

Vitamin A 4%	•	Vitamin C 0%
Calcium 2%	•	Iron 10%
Thiamine 10%	•	Riboflavin 10%
Folic Acid 10%	•	Selenium 15%
Manganese 10%		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000		2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Potassium		3,500mg	3,500mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Protein		50g	65g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Tomatoes (Tomato Puree, Water), Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2] And Folic Acid), Beef, Crackermeal (Bleached Wheat Flour, Niacin, Iron Thiamine Mononitrate, Riboflavin Folic Acid), Less Than 2% Of: High Fructose Corn Syrup, Textured Soy Protein Concentrate (Soy Protein Concentrate, Caramel Color), Sea Salt, Salt, Modified Corn Starch, Soybean Oil, Carrots, Potassium Chloride, Caramel Color, Citric Acid, Ammonium Chloride, Soy Lecithin, Flavorings, Yeast Extract, Enzyme Modified Cheese (Cheddar Cheese [Pasteurized Milk, Cultures, Salt, Enzymes], Cream, Water, Salt, Sodium Phosphate, Xanthan Gum, Carotenal [Color]), Lactic Acid.

CONTAINS: MILK, SOY, WHEAT.

NET WEIGHT 40 LB. 8 OZ. (18.37 KGS)

Distributed by Bernard Food Industries, Inc
Evanston, IL 60204-1497 1-800-323-3663