



BERNARD
FOOD INDUSTRIES, INC.®

REORDER 202155

KWIK DISH ALFREDO DINNER MIX

Steam Kettle Directions:

- 1) Add the pasta and contents of seasoning pouch from this container and 6 lbs. of margarine or butter, **or** 3 quarts of oil, into 11 gallons and 1 quart of hot water.
- 2) Drain 24 lbs. of cooked poultry or seafood and add to mixture.
- 3) Bring mixture to a boil, turn off heat, cover and hold for 15 minutes, stir occasionally.

Note: If poultry juices are used, substitute for water in equal amounts.

(Upon standing, finished product may continue to thicken, add hot water as necessary to return product to desired consistency)

Yield: 264-8 oz.* (#6 scoop, heaping) servings providing 1 ½ oz. Meat/Meat Alternate and 1 ounce equivalent of grain, **or** 384-5 ½ oz.* (#8 scoop, slightly rounded) servings providing 1 oz. Meat/Meat Alternate and ¾ ounce equivalent of grain.

Note: Meat can be doubled from 24 lbs. to 48 lbs. Meat/Meat Alternate will then be 3 oz. per 9 ½ oz.* (1 cup) serving, on 264 servings **or** 2 oz. Meat/Meat Alternate per 6 ½ oz.* (#6 scoop, slightly mounded) on 384 servings.

* = By Weight

Nutrition Facts

384 servings per container

Serv. size 5 1/2 oz prepared (21g mix)

Amount per serving

Calories 120

% Daily Value*

Total Fat 2.5g 3%

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol <5mg 1%

Sodium 240mg 10%

Total Carbohydrate 21g 8%

Dietary Fiber 2g **6%**

Total Sugars 2g

Includes 2g Added Sugars **4%**

Protein 3g

Vitamin D 0mcg 0%

Calcium 50mg 4%

Iron .7mg 4%

Potassium 25mg 1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Pasta (51% Whole Durum Flour, Semolina Durum Wheat Flour [Enriched With Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid] And Water), Creamer Powder (Palm Oil, Corn Syrup Solids, Sodium Caseinate, Mono And Diglycerides, Sodium Silico Aluminate), Romano Cheese ([Made From Cows Milk, Salt, Cheese Cultures, Enzymes], Whey, Disodium Phosphate, Lactic Acid), Modified Corn Starch, Buttermilk Solids, Natural Cheese Flavor, Salt, Natural Flavor, Sunflower Oil.
Contains Milk, Wheat

NET WEIGHT 25 LB. 8 OZ. (11.57 KGS)

Distributed by Bernard Food Industries, Inc
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