



BERNARD
FOOD INDUSTRIES, INC.®

INSTITUTIONAL FOODS

SPECIAL DIET FOODS



PRODUCT CODE
202177 and 202175

FLAVOR
KWIK DISH LASAGNA
DINNER MIX

Nutrition Facts	
50 servings per container	
Serv. size	6 oz prepared (21g mix)
Amount per serving	
Calories	70
% Daily Value*	
Total Fat .5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 480mg	21%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	5%
Total Sugars 3g	
Includes 3g Added Sugars	6%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron .7mg	4%
Potassium 20mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Ingredients : Pasta (51% Whole Durum Flour, Semolina Durum Wheat Flour [Enriched With Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid] And Water), Sugar, Salt, Corn Starch, Onion Powder, Garlic Powder, Sunflower Oil, Citric Acid, Paprika, Silicon Dioxide, Spice, Parsley.
Contains Wheat

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Steven Bernard, CEO

Date: Nov 1, 2017

Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Revised Exhibit A)
weights per oz equivalent

School Food Authorities (SFAs) should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Kwik Dish Lasagna Code No.: 202177 & 202175
 Manufacturer: Bernard Foods Serving Size: 6 oz.

I. Does the product meet the Whole Grain-Rich Criteria: Yes No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No **How many grams:** _____
(Products with more than 0.24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). *(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)*

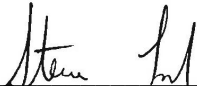
Indicate which Exhibit A Group (A-I) the Product Belongs: H

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
Pasta	15 Grams	28 Grams	0.54
Total Creditable Amount¹			0.5

¹ Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 6 oz.
 Total contribution of product (per portion) 0.5 oz equivalent

I further certify that the above information is true and correct and that a 6 ounce portion of this product (ready for serving) provides 0.5 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.



 Signature
 STEVE LOSH

 Printed Name

TECHNICAL DIRECTOR

 Title
 Nov 1, 2017 800-323-3663 X 122

 Date Phone Number