



## KWIK DISH TETRAZZINI DINNER MIX

### STOVE TOP OR STEAM KETTLE DIRECTIONS:

1. Stir Tetrizzini Dinner Mix and 4 oz. (1/2 cup) of margarine or butter into 3 quarts, 1 cup (104 oz.) of boiling water.
2. Drain 26 oz. of drained Tuna, Ham or cooked Poultry and add to mixture.
3. Bring mixture to boil, reduce heat, cover and simmer for approximately 15 to 20 minutes. Stir occasionally to prevent scorching.
4. Remove from heat; allow to stand covered for approximately 5 minutes to fully thicken.

### OVEN COOK DIRECTIONS:

1. Using one 12" x 20" x 5 1/2" steam table pan, combine Tetrizzini Dinner Mix with 4 oz. (1/2 cup) of margarine or butter, 3 quarts, 1 cup (104 oz.) of boiling water, and 26 oz. of drained Tuna, Ham or cooked Poultry.
2. Mix all ingredients together and cover tightly with foil.
3. Bake at 325° F in a preheated oven for 18 to 20 minutes. Check noodles to determine if fully cooked prior to removing from oven.
4. Keep covered prior to serving to allow product to fully thicken.

(Upon standing finished dish will continue to thicken; 1 cup hot water may be added to return product to desired consistency)

**Note:** If using Poultry, juice from meat can be substituted for water in equal amounts.

**Yields:** 26 – 5 1/2 oz. servings by weight (#8 scoop, slightly mounded or 1/2 cup slightly) servings providing 1 oz. Meat/Meat Alternate and 3/4 oz. Grain ounce equivalent  
18 – 8 oz. servings by weight (#6 scoop, slightly mounded or 3/4 cup slightly mounded) servings providing 1 1/2 oz. Meat/Meat Alternate and 1 Grain ounce equivalent.

## Nutrition Facts

26 servings per container

**Serv. size 5 1/2 oz prepared (28g mix)**

**Amount per serving**

**Calories 100**

**% Daily Value\***

**Total Fat 1g 1%**

Saturated Fat 0g 1%

Trans Fat 0g

**Cholesterol 0mg 0%**

**Sodium 380mg 16%**

**Total Carbohydrate 20g 7%**

Dietary Fiber 2g 5%

Total Sugars 2g

Includes 0g Added Sugars 0%

**Protein 4g**

Vitamin D 0mcg 0%

Calcium 40mg 3%

Iron .7mg 4%

Potassium 50mg 1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Pasta (51% Whole Durum Flour, Semolina Durum Wheat Flour [Enriched With Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid] And Water), Nonfat Dry Milk, Corn Starch, Romano Cheese ([Made From Cows Milk, Salt, Cheese Cultures, Enzymes], Whey, Disodium Phosphate, Lactic Acid), Salt, Modified Corn Starch, Onion Powder, Sunflower Oil, Natural Cheese Flavor, Garlic Powder, Mustard Flour, Spice, Parsley, Artificial Flavor.  
Contains Milk, Wheat