



BERNARD
FOOD INDUSTRIES, INC.®

**HI-FIBER
FIBER-IFFIC**

REORDER 420143

**A NATURAL AND UNFLAVORED FIBER
SUPPLEMENT**

FIBER-IFFIC is a concentrated source of fiber particularly suitable for enhancing special diets, and is especially useful in modified diets where sufficient fiber intake may be difficult to achieve.

GLUTEN FREE

YIELD PER CASE: 600 servings

PACK SIZE: 12 @ 7 oz.

Nutrition Facts

Serving Size 4g
Servings Per Container 50

Amount Per Serving

Calories 0 Calories from Fat 0

% Daily Value *

Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Potassium 0 mg	0%
Total Carbohydrate 4 g	1%
Dietary Fiber 4 g	16%
Sugars 0 g	
Protein 0 g	0%
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Ingredients: POWDERED CELLULOSE.