



BERNARD

FOOD INDUSTRIES, INC.®

NO SUGAR ADDED LOW FAT
 CHOLESTEROL FREE
 ARTIFICIAL

BLUEBERRY FLAVOR CAKE MIX

REORDER 537543

The unprecedented success of our **Calorie Control Fruit Treats** has resulted in the application of the same fruit/flavor system into a new line of dietary cake mixes flavored with actual fruit and fruit flavors.

Bernard Food Industries first introduced Dietary Bakery and Frosting Mixes to the healthcare trade in 1950 and has continually been in the forefront of technological advances in new food product development. These **Fruited Dietary Bakery Mixes** are the very first in the food industry and as with all **Bernard** brand products, are of the highest quality possible to attain.

In addition to their usual preparation as Layer Cakes, these **Fruited Dietary Bakery Mixes** also make excellent muffins.

Diabetic Exchange: One serving is approximately equal to 2 bread and ½ fat exchanges.

YIELD PER CASE: 144 – 2 oz. servings

PACK SIZE: 12 @ 16 oz. cans

Nutrition Facts

12 servings per container
Serv. size 1/12 cake (38g mix)

Amount per serving

Calories 140

% Daily Value*

Total Fat 3g	4%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	5%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Sugar Alcohol 11g	
Protein 3g	
Vitamin D 0mcg	0%
Calcium 10mg	1%
Iron 1mg	6%
Potassium 85mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients : Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sorbitol, Maltodextrin, Shortening Powder (Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Monoglycerides, Sodium Silicoaluminate), Low Moisture Apple (With Sodium Sulfite, Calcium Stearate), Dried Egg White With Sodium Lauryl Sulfate, Lecithinated Soy Flour, Powdered Cellulose, Emulsifier (Propylene Glycol Mono And Diesters Of Fats And Fatty Acids, Mono And Diglycerides, Nonfat Milk, Palm Oil And Disodium Phosphate), Sodium Bicarbonate, Modified Corn Starch, Sodium Aluminum Phosphate, Artificial Flavor, Guar Gum, Xanthan Gum, Acesulfame Potassium, Red #40, Blue #1.
 Contains Milk, Egg, Wheat, Soy