



BERNARD

FOOD INDUSTRIES, INC.®

SUGAR FREE LOW FAT
 CHOLESTEROL FREE
 ARTIFICIAL

BLUEBERRY FLAVOR CAKE MIX

REORDER 537543

The unprecedented success of our **Calorie Control Fruit Treats** has resulted in the application of the same fruit/flavor system into a new line of dietary cake mixes flavored with actual fruit and fruit flavors.

Bernard Food Industries first introduced Dietary Bakery and Frosting Mixes to the healthcare trade in 1950 and has continually been in the forefront of technological advances in new food product development. These **Fruited Dietary Bakery Mixes** are the very first in the food industry and as with all **Bernard** brand products, are of the highest quality humanly possible to attain.

In addition to their usual preparation as Layer Cakes, these new **Fruited Dietary Bakery Mixes** have easily-followed instructions on the label for preparing teaspoon cookies.

YIELD PER CASE: 144 – 2 oz. servings

PACK SIZE: 12 @ 16 oz. cans

Nutrition Facts

Serving Size 1/12 cake (38g mix)
 Servings Per Container 12

Amount Per Serving			
Calories 140		Calories from Fat 30	
		% Daily Value *	
Total Fat	3 g		5%
Saturated Fat	1.5 g		7%
Trans Fat	0 g		
Cholesterol	0 mg		0%
Sodium	190 mg		8%
Potassium	50 mg		1%
Total Carbohydrate	28 g		9%
Dietary Fiber	1 g		5%
Sugars	2 g		
Sugar Alcohol	11 g		
Protein	2 g		5%
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			6%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Ingredients: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SORBITOL, MALTODEXTRIN, SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES, SODIUM SILICOALUMINATE), LOW MOISTURE APPLE (WITH SODIUM SULFITE, CALCIUM STERATE), DRIED EGG WHITE WITH SODIUM LAURYL SULFATE, POWDERED CELLULOSE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, NONFAT MILK, PALM OIL AND DISODIUM PHOSPHATE), SODIUM BICARBONATE, MODIFIED CORN STARCH, SODIUM ALUMINUM PHOSPHATE, LECITHIN POWDER (SOY LECITHIN, NONFAT MILK, MALTODEXTRIN), ARTIFICIAL FLAVOR, GUAR GUM, XANTHAN GUM, ACESULFAME POTASSIUM, RED #40, BLUE #1.

Contains MILK, EGG, WHEAT, SOY