



BERNARD
FOOD INDUSTRIES, INC.®

**HI PROTEIN
FARINA MIX**

REORDER 219205

A specially-formulated product that can easily be prepared with either water or milk.

Each 27.5 ounce package will yield 13 - 1 cup servings.

Excellent for use in all healthcare establishments, especially so for geriatric feeding or for those instances where additional nourishment is required.

YIELD PER CASE: 104 – 1 cup servings

PACK SIZE: 8 @ 27.5 oz.

Nutrition Facts

Serving Size 7/8 cup prepared (60g mix)
Servings Per Container 13

Amount Per Serving

	Mix alone	Prepared
Calories	240	240
Calories from Fat	50	50

% Daily Value*

Total Fat 6 g	9%	16%
Saturated Fat 0.5 g	4%	17%
Trans Fat 0 g		
Cholesterol < 5 mg	1%	6%
Sodium 220 mg	9%	12%
Potassium 170 mg		5%
Total Carbohydrate 40 g	13%	16%
Dietary Fiber 4 g	14%	14%
Sugars 11 g		
Protein 9 g		18%
Vitamin A	0%	6%
Vitamin C	0%	0%
Calcium	10%	30%
Iron	6%	6%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Ingredients: ENRICHED FARINA (FARINA, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEY PROTIEN CONCENTRATE, SUGAR, MALTODEXTRIN, SUNFLOWER OIL, CALCIUM CASEINATE, POWDERED CELLULOSE, SILICON DIOXIDE, SALT, ARTIFICIAL FLAVOR.

Contains MILK, WHEAT