



**BERNARD**  
FOOD INDUSTRIES, INC.®

## HI PROTEIN STRAWBERRY GELATIN MIX

REORDER 508081

Hi Protein Gelatin, available in 4 popular flavors, is an excellent source of protein for clear liquid diets, providing 11 grams of Protein.

Its soft melt-in-your-mouth consistency is ideal for patients who suffer from swallowing difficulties or have been placed on a post-operative liquid diet. Hi Protein Gelatin is also an excellent source of nutrition for oncology patients who are experiencing diminished appetite as a result of chemotherapy or radiation treatments.

Hi Protein Gelatin is lactose free, fat free and gluten free.

Please refer to the serving suggestions shown on the bottom of this page for alternative methods of preparation.

**GLUTEN FREE**

**YIELD PER CASE: 84 – ½ cup servings**

**PACK SIZE: 12 @ 10 oz.**

SOME EXCELLENT SERVING SUGGESTIONS FOR BERNARD brand HIGH PROTEIN GELATIN DESSERTS:

**Creamy Spoon Punch:** Dissolve Hi Protein Gelatin Mix using three-quarters of warm water, then substitute Club Soda for the other one-quarter to water and mix with the dissolved Hi Protein Gelatin Mix. Mix in Vanilla Ice Cream (one quarter cup ice cream per serving of High Protein Gelatin). Pour into containers and refrigerate to set (about 3 hours).

**Saucy Gel:** Dissolve Hi Protein Gelatin Mix into the specified amount of warm water. Add one-quarter cup applesauce per serving of Hi Protein Gelatin and mix with dissolved gelatin. Pour into containers and refrigerate to set (about 3 hours).

### Nutrition Facts

7 servings per container

**Serving size 1/2 cup prepared (40g mix)**

**Amount per serving**

**Calories 150**

**% Daily Value\***

**Total Fat** .5g **1%**

Saturated Fat 2g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 150mg **6%**

**Total Carbohydrate** 25g **8%**

Dietary Fiber 0g **0%**

Total Sugars 24g

Includes 24g Added Sugars **48%**

**Protein** 11g

Vitamin D 0mcg 0%

Calcium 10mg 1%

Iron 0mg 0%

Potassium 130mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Dextrose, Dried Egg White With Sodium Lauryl Sulfate, Sugar, Gelatin, Citric Acid, Sunflower Oil, Silicon Dioxide, Mono And Diglycerides (With Tocopherol, Ascorbic Acid, And Citric Acid), Artificial Flavor, Red #40.  
Contains Egg