



BERNARD
FOOD INDUSTRIES, INC.®

HI PROTEIN CHOCOLATE BROWNIE MIX

REORDER 531053

- Excellent source of protein incorporated into traditional snack food providing an alternative to liquid supplements.
- High Quality Protein. We use Supro Brand Isolated Soy Protein providing extremely high rate of digestibility and equal in protein quality to milk and egg white protein.
- Calcium enriched to help promote bone strength.
- Cholesterol Free.
- Great tasting, cost effective and easy to prepare.
- Complete mix products requiring only the addition of water.

YIELD PER CASE: 240 brownie servings

PACK SIZE: 12 @ 20 oz.

Nutrition Facts

Serving Size 1/20 package (28g mix)
Servings Per Container 20

Amount Per Serving

Calories 120 Calories from Fat 45

% Daily Value *

Total Fat 5 g	8%
Saturated Fat 2.5 g	13%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 75 mg	3%
Potassium 130 mg	4%
Total Carbohydrate 17 g	6%
Dietary Fiber < 1 g	3%
Sugars 12 g	
Protein 4 g	8%
Vitamin A	0%
Vitamin C	0%
Calcium	10%
Iron	6%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Ingredients: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SHORTENING (PALM OIL, MONO AND DIGLYCERIDES, POLYSORBATE 60), ISOLATED SOY PROTEIN, COCOA (PROCESSED WITH ALKALI), DRIED EGG WHITE WITH SODIUM LAURYL SULFATE, CALCIUM SULFATE, SILICON DIOXIDE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, NONFAT MILK, PALM OIL AND DISODIUM PHOSPHATE), SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, ARTIFICIAL FLAVOR, MONOCALCIUM PHOSPHATE, XANTHAN GUM.

Contains MILK, EGG, WHEAT