



BERNARD
FOOD INDUSTRIES, INC.®

**LOW SODIUM
OVEN CRISPIN' COATING MIX**

REORDER 311147

Most every type of breading or coating mix available today is made with salt. In response to the many requests of healthcare professionals, *Bernard Food Industries, Inc.* has developed and formulated a low-sodium version of our very popular group of **Oven Crispin' Coating Mixes.**

Each #10 can provides sufficient coating to coat 100 pieces of poultry. This fine low sodium product can also be used to coat fish, chops, etc., wherever a coating is desired. Finely seasoned, the absence of salt has not diminished the flavor one iota.

No double dipping for coating; no heavy coating; no greasy taste; no waiting for breading to become moist; no deep frying; no need to pour oil or butter over meats, poultry, or fish before baking.

YIELD PER CASE: 600 servings

PACK SIZE: 6 @ 2 lb., 8 oz.

Nutrition Facts

Serving Size 11g mix alone
Servings Per Container 100

Amount Per Serving

Calories 50 Calories from Fat 10

% Daily Value *

Total Fat 1.5 g	2%
Saturated Fat 0 g	1%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 95 mg	4%
Potassium 20 mg	1%
Total Carbohydrate 8 g	3%
Dietary Fiber 0 g	2%
Sugars < 1 g	
Protein 1 g	2%
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	2%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

		Calories: 2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Ingredients: BREAD CRUMBS (WHEAT FLOUR, SUGAR, PARTIALLY HYDROGENATED SOYBEAN OIL WITH TBHQ, SALT, YEAST, CALCIUM PROPIONATE, CORN FLOUR, SUNFLOWER OIL, SEASONING (SUGAR, PAPRIKA, SALT, SPICES, CORN STARCH, MUSTARD, NATURAL SMOKE FLAVORS [BARLEY MALT FLOUR], ONION, DEXTROSE, GARLIC, EXTRACTIVES OF SPICES, TRICALCIUM PHOSPHATE, ONION POWDER, NATURAL FLAVOR).

Contains WHEAT