



REORDER 201183

## TEX-PRO TACO FILLING MIX

Tacos have long been among the most popular items on the school lunch menu making our Tex-Pro Taco Filling Mix one of our top selling products. Bernard Tex-Pro Taco Filling Mix contains the necessary seasonings, minced onions and tomato powder making the addition of cooked ground beef, or beef patty crumbles, and water all that is needed.

Bernard Tex-Pro Taco Filing Mix also contains a refined Textured Vegetable Protein that is visually undetectable and cannot be tasted. Less ground beef is used when Textured Vegetable Protein is incorporated with meat thereby lowering fat content and cost per serving. Each 1/3 cup of Bernard Tex-Pro Five Taco Filling provides 1 1/2 ounces "Meat/Meat Alternate" for the Child Nutrition Meal Pattern requirement. A 1/4 cup of vegetable is contributed when tacos are topped with a #16 scoop of a combination of shredded lettuce, tomatoes and diced onion.

**Gluten Free**

**PACK SIZE: 6 @ 3 lb., 3 oz. pouches**

**YIELD PER CASE: 684 - 1/3 cup servings**

### Nutrition Facts

Serving Size 1/3 Cup

Servings Per Container 114

#### Amount Per Serving

	Mix alone	Prepared
<b>Calories</b>	<b>45</b>	<b>100</b>
Calories from Fat	10	30

#### % Daily Value\*

<b>Total Fat 1.5 g</b>	<b>2%</b>	<b>5%</b>
Saturated Fat 0 g	1%	3%
Trans Fat 0 g		
<b>Cholesterol 0 mg</b>	<b>0%</b>	<b>8%</b>
<b>Sodium 250 mg</b>	<b>10%</b>	<b>11%</b>
<b>Potassium 190 mg</b>	<b>6%</b>	<b>8%</b>
<b>Total Carbohydrate 6 g</b>	<b>2%</b>	<b>2%</b>
Dietary Fiber 2 g	7%	7%
Sugars 2 g		
<b>Protein 4 g</b>	<b>7%</b>	<b>24%</b>
Vitamin A	10%	10%
Vitamin C	0%	0%
Calcium	3%	4%
Iron	8%	10%

\* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

**Ingredients:** TEXTURED SOY PROTEIN (SOY FLOUR, CARAMEL COLORING [CONTAINS SULFITES], ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), CORN STARCH, SPICES, DEHYDRATED ONION, SOYBEAN OIL, MALTODEXTRIN, HYDROLYZED SOY PROTEIN, DEXTROSE, SALT, PAPRIKA, TOMATO POWDER, NATURAL FLAVOR, CITRIC ACID.

Contains SOY